# Dut & About { with Lori Sunflower? What are your lifelong passions?



# Diane Shine

My lifelong passion is for myself, being the best version myself that I can possibly be and being an example, especially to young kids and young girls, and anybody that I can be around to help them to be the best version of themselves. And my lifelong passion is wellness lifestyles, helping people how to live a healthier everyday lifestyle, and teaching people to stack habits instead of thinking they have to make these big changes all at once. Just to add a little bit here, and just a little bit every single day so that it becomes a lifestyle, not just a fad or something that's not attainable. So, I'm an encourager, an inspirer. I love people. I was a hairdresser for 30 years, and that was my very, very favorite occupation. I just love people and the diversity and the world. There's just so many different people, and I love making the world a better place.

# Tristan Wallace

I want to go to the Air Force. I want to fly a jet. I love jets. I love them. I love the air. That's about it. I just want to go to the Air Force.

# Mae Folsom

Well, I don't know if it's a lifelong passion because when you're little, I don't know that you know what your lifelong passions are. But I grew up on a little farm in California, and we always had a garden, and I was hanging out in it. But I don't think I ever really realized I was such a good gardener or could grow stuff well. I had plants all my life, but now I just have two green thumbs and I'm just going nuts!

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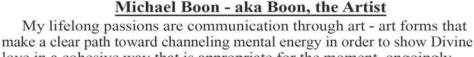
# Matthew Lyon Clark

Good question! And a tough one. I do have a passion for fixing, re-heading and tuning hand drums. I will continue to learn about djembe drums by fixing them. I have a passion for learning about and allowing self-care, exploring in nature, helping in community, and I have a passion for our Freebox. I have a passion to always be a handyman. I have a passion to make artwork out of junk as well. Overall, I have a passion to live with authenticity, integrity, dignity, and courage. Yet, being true to oneself is a daunting task!



# Amy Jo Arndt

Lifelong passions are art, inspiring creativity in others, and sharing my mission, which is to honor the path of those who are grieving and remind them that there's joy and freedom in being their authentic self.



Get everything in order. Make order from chaos and keep working with that and bring it into manifestation from the unmanifest through that connection with being, not having to be so much of a doer.

# Starr Sites

I've been a metaphysician for as long as I can remember, or shall we say, a student of metaphysics. But I became an astrologer in the '90s. I had been studying since the '60s, but officially in the '90s, and I love astrology, so that's one of my passions. And then more recently, I've been writing a book, so now I'm passionate about writing about past lives, future lives, and alien disclosure information. So, those two are my biggest passions: astrology and writing.

