

Out & About with Lori Sunflower

What animal would you want to be?



Vivia Lawson

In the Year of the Tiger, women are not considered to be marriageable because tigers are very opinionated and very forceful and strong and wonderful. So, I think it'd be pretty cool to be a tiger and I'm really happy that my lunar animal year, Chinese animal year, is Tiger.



Scott Carlson

I am a dolphin. Fun story . . . In 2016, I was down at the Crestone Saturday market and I was drawn to this really beautiful necklace, a crystal necklace, and I went right to it. I'm not generally a big jewelry person, but I knew I had to have it. I saw the two little dolphins attached to the blue orgonite crystal. It was at Michael Divine's table, who—y'all know Michael; he's a beautiful soul. The next thing I know, I received this powerful, amazing necklace. Michael put it on me and a crazy thing happened. A week later, I was invited by Robbyne LaPlant, a shaman priestess I've been studying with from Mt. Shasta, to go swim with the wild dolphins in Bimini. I immediately signed up. That next spring of 2017, I was in Bimini for a week swimming with the wild dol-

phins every day from 11 o'clock in the morning till 7 o'clock at night. I was with my people, my dolphins, my joy, my love. It's interesting to share that over the years, quite a few times, healers and mystics I've met with have told me that I've had many lives in Atlantis working with the dolphins and the crystals. This always resonated with me. So I am definitely a dolphin. And . . . I do love the whales!



Jonathan Roux

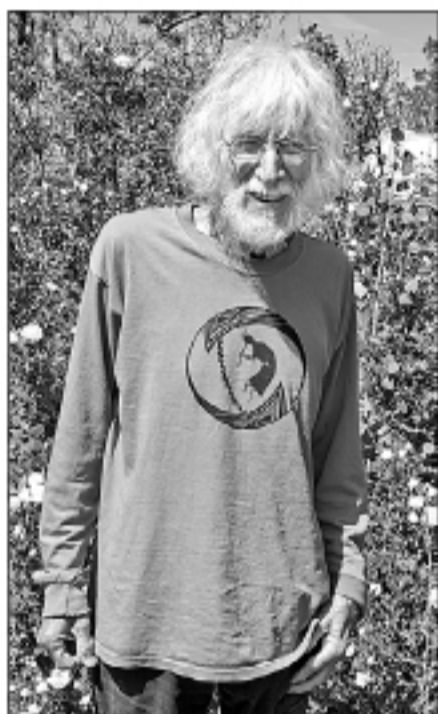
I wouldn't say, "want to be" but I've always identified with the wolf. I've always seen myself as part of the Wolf clan, keeper of the sacred fire. So, I guess my spirit animal would be a wolf, but I've had many gifts from many different animals.



Jane Kwan

Well, I've never thought how I would want to be an animal per se, but just thinking about that, that's an excellent question because birds are all over my paintings. So, over many years of painting, other than trying portraits and landscapes and this and that, this is a pretty constant theme in my doodling and my sketches, etc., and animal symbols do come out. I have had snakes

and horses and stuff like that, but consistently it's been a bird figure. So whether I want to become a bird, maybe unconsciously. I never thought it out, "Oh, I want to do a bird or draw a bird." It just comes out from within, kind of a psychic process, a spiritual process, in expressing them that way. I looked up birds, and I thought maybe these are mythic birds, symbolism, in my work. And it's wonderful; it's very meaningful because mythic birds have that spiritual component of the link between heaven and earth. It's about freedom. It's about power. It's a good symbol. So, maybe unconsciously I want to become that, through kind of an actualization process. We all seek that. We're all looking for the light. We want to fly and we want to be free!



David Nelson

I wrote a song a while ago—
"I want to be what I want to be, a butterfly
on a balmy day, a river otter,
sliding in play,
on the banks of an ancient river before there
were men, that's where I want to be. Come
be a river otter with me!"



Heather D'Alessio

I would be a goat because I wouldn't have to wear shoes, or clothes for that matter. And if I really like somebody and I didn't have the words to tell them, I could just pee on their feet. And if I didn't like them, well, I could show them what my horns were for! All I would have to do all day is stand around and eat and I wouldn't even have to chew my food. When I was bored, I could cough it up and chew

it. I would definitely want to be a wild goat. Only problem is that my youth would only last about two years and I would be an old lady by the age of 10. The only other negative I could think of would be that my husband would be such a blubbering macho man and I would only find that attractive for about two minutes out of each year!



Taleb Nelson

I, Taleb Nelson, would like to be a platypus because platypi are so eccentric and I feel like I'm an eccentric character myself. They lay eggs. I'm not saying I want to lay eggs, but . . . ! (laughing) But, they have a barb on their toe and they can sting and they're just so different. That's kind of like the middle finger to the animal kingdom, and I feel it!



Sam Finnell

If I could be any animal, I would be a cat because I could just rule the world. I could poo on the floor and my owner would just let me stare into their eyes while they pick it up and I'd just laugh on the inside; just watch them struggle. That'd be pretty hilarious. And I think it'd be pretty funny to just knock things off of shelves and just be like, "Yep! Whadda you gonna do about it?!"

If you have feedback or suggestions for future topics, please email peacelori@outlook.com. In addition to being the Staff Photographer for The Crestone Eagle since 2012, Lori Nagel is a freelance photographer, graphic designer & web designer. www.sunflowerstudios.us.com