



Out & About

with Lori Sunflower


"What wisdom have you gained from living in Crestone?"




Stephen Hume
Enjoying the wisdom of a simpler life!



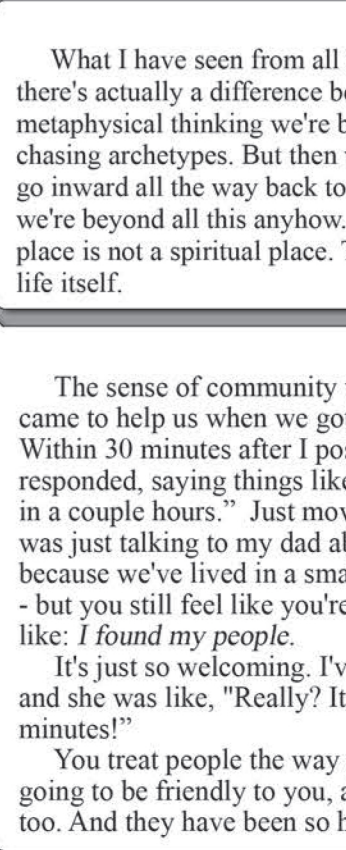
Sasha Lovelace
You've heard the saying, "There's no place like home." Well, there's no place like Crestone. I absolutely love it. I want to spend all of my years here, and I want to pass away here. And I know there are many, many, many Crestonians that feel the same way. I could never live in a big city again. Here, I've got nature, I've got friends, I've got quiet, I've got meditation. There's so much here.
When I first came here, I had been here for six months, and I saw Kizzen one day, and I said to Kizzen, "How long have you been here?" And she said, "Thirteen years." And I said, "Thirteen years?!?!?" I was shocked. Who could stay here for THIRTEEN years?!? And now, I've been here 27 years. I don't want to move! (laughing)




Daryl Shelton
What I have seen from all these lovely people and this incredibly diverse place, is that there's actually a difference between metaphysical and spiritual. We live in the metaphysical thinking we're being spiritual until we realize that we're just following and chasing archetypes. But then when we come back to ourselves and when we genuinely go inward all the way back to who we really are, then we realize that we are eternal and we're beyond all this anyhow. And that's exactly where spirit actually comes from. This place is not a spiritual place. This place is spiritual because we are the living spirits of life itself.




Vanessa Garcia
The sense of community was overwhelming. I couldn't believe how many people came to help us when we got stuck in the snow during our move here in mid-February. Within 30 minutes after I posted for help on Facebook, at least four or five people responded, saying things like, "Hey, if nobody's there yet, let us know. We can be there in a couple hours." Just moving here, I've never felt so welcome in a community. I was just talking to my dad about it, and he really felt that sense of community also, because we've lived in a small town for the past few years - about 15,000 people small - but you still feel like you're alone. Here, you don't feel that. I mean, I literally felt like: *I found my people*.
It's just so welcoming. I've talked to somebody else who has been here for years, and she was like, "Really? It took me like three years." I was like, "It took me like 30 minutes!"
You treat people the way you want to be treated. So, if you're friendly, people are going to be friendly to you, and if you want to help people, they're going to help you, too. And they have been so helpful here!




Randy & Karol Penner
Randy: That a slower pace of life is much preferred over where we came from, and I just love it here because of that.
Karol: I think what I've learned is that community is everything, and if we work together, there's nothing we can't accomplish.
Randy: And that was my other answer.
Karol: You lie! (laughing)
Randy: But I knew you were going to say that because you're so involved.
Karol: I'm seeing it with the food bank, really. That's been the huge thing - it's really become abundantly clear working at the food bank that everyone comes together to help each other out. It's just amazing what we can do!




Ray Ouellette
The Crestone community is a macrocosm, and though I learn something every day, I still know nothing.




Terry Goergen
That it's really good to go out and mingle with townspeople. It's a wonderful community, but you have to engage it.



Sharon Landrith
To be and live authentically; and the beautiful temples that we can visit; and the kindness and the generosity of people here.



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